

NEW MILFORD RiverFest



RiverFest Hot Wing Challenge October 3, 2026

RULES, REGULATIONS AND FEES

Three Rounds of Competition, One Wing Off Championship Round

Registration

1. Contestants must be 18+. Space is limited.
2. Participants must pre-register for the challenge, prior to 3 pm.
3. Based on registration response, additional heats may be added so even more competitors can take the challenge. If places are still available, participants may register up until 3 pm in person at Riverfest at the contest area.
4. There is a non-refundable registration fee of \$10 per participant.
5. Registration is online via NMRiverfest.org.

Rounds One, Two and Three

Up to eight (8) contestants per round.

Ten (10) wings each, five (5) minutes. Wings are cooked with “hot but edible” sauce. The winner is the contestant who completely eats the most wings clean to the bone within the allotted five (5) minutes. If a contestant finishes all ten (10) wings before the five (5) minutes are up, fastest time wins.

Wing Off

Three round winners

Five (5) wings each, three (3) minutes. Wings are cooked with a hotter sauce. The winner is the contestant who completely eats the most wings clean to the bone within the allotted three (3) minutes. If a contestant finishes all five (5) wings before the three (3) minutes are up, fastest time wins.

Official Rules

1. The wing eating competition is open to all amateur eaters 18 years or older who are in good health.
2. Professional eaters, persons recognized by the AICE, the IFOCE or members of any professional eating organization are not eligible.
3. Any competitor with a serious ailment or health problem may not compete in the contest.
4. Competitors may eat sitting down or standing up in their designated areas. Any contestant leaving their designated area during the contest will be disqualified.
5. Competitors may not make physical contact with any other competitor at any time. Any competitor who deliberately contacts another competitor will be disqualified.
6. If a competitor vomits or regurgitates at any time during the competition or during the time period the wing count is being tallied, he or she will be disqualified.
7. Chicken meat must be eaten directly from the bones. Stripping the bones of meat first and then eating the meat is not allowed.
8. Competitors may not touch the wing basket or wings in the basket before the contest begins.
9. Competitors must place each and every finished chicken wing bone back in the wing basket. Failure to place wing bones back into the basket will result in disqualification.
10. Each contestant receives **identical hot wings**.
11. A wing counts only when the judges determine that the edible meat has been substantially removed from the bone. If a judge finds a bone not fully clean, the wing will be disqualified from the count.
12. Contestants may not begin until the emcee gives the signal.
13. At the end of the allotted time, contestants immediately put their hands up and stop eating.
14. No water, milk or other food or beverages may be consumed during the competition.
15. The use of dipping sauce, lip balm, gloves, utensils or napkins is not allowed.
16. Contestants may stop at any time.
17. The contestant with the most completed wings wins. If all 10 are completed, fastest finishing time determines the winner.
18. In the event of a tie between contestants, there will be a 60 second "run off" to determine the winner.
19. Judges' decisions are final.

Water and milk will be available immediately afterward.